

## **Parallel Session 2: Quality of Life**

In recent years a lot of research has been done on quality of life, psychosocial functioning, body image, self-esteem and self-efficacy of patients with an anorectal malformation or Hirschsprung's disease. It is time to implement the results of this research in our daily practice.

- **What is the best way to define the needs of a patient and the needs of his/ her family?**
- **How do we discuss these needs?**
- **How do we provide clinicians, patients and families with possible interventions for improving their psychosocial functioning.**
- **Which interventions are most helpful?**

We want this session to be very interactive. It would be great to discuss this very important topic from different points of view. The thoughts of the patients and their family, the psychologist, the specialised nurse and the pediatric surgeon are all equally important and should be heard.

Session Moderator: Marieke Witvliet

Faculty: Lideke van der Steeg, Kristiina Kyrklund, Caterina Grano, Chris Verhaak, Michel Haanen, Stefano Eleuteri

**16:00-16:10: Introduction on recent quality of life research**

**Marieke Witvliet**

**16:10-16:20: How to identify the needs of the patient and his or her family**

**Chris Verhaak**

**16:20-16:30:**

**Self-efficacy**

**Caterina Grano**

**16:30-16:40:**

**The patient perspective**

**Michel Haanen**

**16:40-18:00:**

**Interactive discussion on the needs of our patients and the interventions that we have provide**

**Moderators: Kristiina Kyrklund and Lideke van der Steeg**